

## AN EXTRACT FROM THE BOOK

Sounds that familiar to you? I told you? I told you that you aren't allowed to go out. Do you have to always repeat that your stuff? Can't you respect my decision without a murmur at least once? Come on, get up, we're going to school! Can't you hear? Do you think that I have nothing more to do except waking you up all the time? You throw yourself on the floor and another time you will see that you rethink it! Please you have to eat something. At least one bite. You will not be allowed to go out until you eat it all up! What did you do? That definitely was not nice of you. Polite children don't do stuff like that. That kind of things are done only by bad (impolite) kind of children. You know I'm repeating it for the 10<sup>th</sup> time and you always do everything vice versa. I'll get crazy of you. Stop beating him. I'm counting to three...one, two aaaaaaaaaaand three. You know m sweetheart I love you so much but you always letting me down.

Can you tell me please why are you doing that? I can't believe you. / Have you found yourselves in any of these sentences? Could you (would you be able) to solve these situations in any different way? Do you know what you are causing to your children with this kind of a behaviour? What are you teaching your children with these kind of postures?

If not, you are holding the right book. You'll find out in what way your child senses your behaviour. You'll find out on your own skin, what stuff you're teaching your children by your way of upbringing. You'll find out new way of communication with your children and you'll be given an instruction how to solve critical situations, in what way to communicate with your children not to break down their self-confidence. What kind of principles to apply to teach your children to be responsible and in what way generally (by and large) to bring them up being successful people in every area of their life – at school, at work or in a marriage. Everyday

solutions for everyday situations are waiting here in this book for you, as for instance are (fighting for a bed time, talebearing, sibling's rivalry, swearing) and many others. All the accesses in this book are being used many years already. They're working properly in the area of a business world already, they're verified and adjusted for a life in a family with children. You'll understand everything very easily on concrete situations from everyday practical life. You'll learn things that are being used by successful people in their everyday (private) life but in a business life too. New procedures will change whole your life, life with your children, with your husband, with a family itself and with your friends too. You will be a new and better person itself. And many, many, many more!!!

What to do first? You know, my very first aim when my first daughter wasn't yet born had always been to bring my children up in a way, they liked god, had successful and easy life. I wanted they would

be human beings, moral and purposeful. All where they would put their hands would be a success for them and I would like they would be the head and not the tail in all the areas of their life. I would like they would be successful at school, at work, in matrimony, organized and loving life. I would like my children could be patient enough to reach their aims. To settle the aim is vital and your upbringing should go that way to reach your aim. If you don't have the aim you won't know which way you should lead the upbringing of your children and you will also not know what to teach them. If that's the case it will only be an everyday day by day survival and not building a valuable human life. Write your aim what kind of a child you would like to have in adult age. What qualities and skills they should have. How they should behave in certain situations and so on.

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If you are one of the parents who want to have a successful and easy life for your children and your aims are similar, so in another lines you'll find how to reach your aims. Your relationship with your children will be changed too, no matter if they are 2, 15 or 20 years old. You'll be enjoying every moment spent with your children and hassles, shouting, fighting and cry will be distant away. Furthermore, you'll forget them as time goes by. "Someone who knows exactly settle the aims will usually reach them, because he (she) doesn't lavish with the energy for rain efforts and useless conflicts". Lawson

Why am I writing you this book? While I was waiting my first child to be born I was very happy. She was planned and she Sofia was born just after I finished the university. All the years I was studying the university I was coming across with

informations about the change of the values in a life, how to reach the aim, what to do to reach it and so on. They were teaching us that at my work, which I had during my school times and in courses. I have read many books about the upbringing and underwent the courses for 100s euros. I found out that when I want to reach something I have to begin from myself. From the changes of my habits to the changes of the thinking from negative to positive. I wanted to bring my children up in a good way from the very beginning to learn them everything that is needed for their life. I was reading books, studying and I was educating myself in this area. That time I believed that when we settle borders to our children and we give them choice they happen to be polite and responsible people.

Cruel finding out. When I found out that if I establish my upbringing only on borders and an opportunity of a choice, it won't help my children

to be there where I want, Even though I'll be very tolerant and I'll knowingly neglect problems. By the way it also won't shift my children where I want them to be when the upbringing will only be established on shouting and exercising of a power. Perhaps for someone this kind of an approach of upbringing is the only the right one. We have to decide what kind of children we want to have in the future and according that to decide for the one right approach of upbringing. I want them to be able to communicate well, solve conflicts on their own, suggest solutions, show an effort to cooperate, be able to decide and stand on their decision. I also want them to know that they belong somewhere, be able to say their feelings and desires loud and not to be shy to do that. I want to instil values into them, but that ones which we believe in. With borders I was limiting them and I didn't give them an area for their own realization, their own thoughts, feelings and opinions. "It will be like that this way and you can chose what you will do". This however has consequences. There

was no communication whether my children wanted to change something, whether they were satisfied or not and so on. I explained them all the stuff and I was applying consequences. Borders aren't bad, they're good mainly those ones which we as parents decide for, but be careful they don't work as the only tool for an upbringing. Right communication is vital too but it also doesn't work as the only tool for an upbringing too. It is good to know which (tool) of upbringing to use for the specific moment of an upbringing. It means be able to distinguish which (tool) is needed for that very moment at that right time and for that very specific situation.

It is nobody's mistake. It's nobody's mistake. Every parent loves their children and wants for them only everything that's good. I believe that every mother, father makes (does) some things (stuff) that is good. Situations, which don't work as they should, if that's the case there is a need to learn



them. It's very important to find out in what areas are you good and in what areas you lay to remedy the situation. If you find out that your upbringing is leading somewhere you don't want to, it's perhaps caused by that in what way you were brought up, in what area you lived and what kind of knowledge you came across. It's not your mistake. I believe, that what you learn you will applicate into your life and your life, life of your children will change into better experience. That very exact approach how to applicate that into your practical life, you'll find in this book "HOW TO MANAGE THE RESISTANCE OF YOUR CHILDREN". We all know that we have to communicate with our children, but the question is how? What in reality is the right communication? How to ask your children for them to understand and find out what the questions are about? When is the right time when communication doesn't work already and the right time to start to behave from the position of the parent, but with a healthy authority starts taking place. What exactly is the healthy authority of a parent? You'll find out how

to be the real parent, who is there for their children when they need her (him). In this book you'll find the exact instruction how to manage with a nervousness, tiredness and overworking. You'll learn how to say to your children NO, in a way they will take it with pleasure and make (do) what you want from them to be made (done). And last but not least the exact way how all of this stuff incorporate and applicate into your practical life and how to use all of this knowledge generally. And please do not forget that by buying this book you will donate the children who are ill. From the whole sum of money 10% goes for the help of one particularly chosen family where there is ill child. We will always let you know how and to whom you helped. Thank you☺. Here is the book "HOW TO MANAGE THE RESISTANCE OF A CHILD"! The book is waiting for you.

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